



sierra nevada children's services

**WORKSHOP ONE:  
FEBRUARY 5TH, 2025  
6-8:30 PM**

**WORKSHOP TWO:  
FEBRUARY 12TH, 2025  
6-8:30 PM**

# WestEd FAMILY CHILDCARE AT ITS BEST LOSS & TRAUMA



## **THIS 5 HOUR WORKSHOP ADDRESSES LOSS & TRAUMA IN EARLY CHILDHOOD.**

Trauma experienced in early childhood can have a lasting impact, but with the right kind of intervention and support, children can learn to mitigate those impacts and live a healthier life.

**Participants will reflect on their caregiving strategies and discover ways to support children who have experienced loss or trauma.**

**Participants will explore various types of trauma and learn about the impact it has on young children's development and behavior.**



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